



## **NEWS Release**

Media Contacts

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## 3 Bridges 5K is first officially sanctioned run on Augusta Canal River Levee Trail

On February 28 the Augusta Canal's River Levee Trail hosts its first sanctioned footrace – the 3 Bridges 5K. Runners and walkers will cross the canal's bulkhead bridge and two recently constructed spans along the Savannah River on a course sanctioned by USA Track & Field.

According to race director Christopher Huber, this scenic out-and-back run is the first officially sanctioned race to be held on this part of the Canal's trail system. "We are excited to be the first-ever USATF sanctioned race on this great new trail," said Huber. The course is paved and all off-road, making it a good choice for beginner and intermediate runners, as well as families who want to come out and walk the trail, he said.

Racers check-in at the canal bulkhead bridge parking area at the end of Milledge Road. Race begins at 9 a.m. First through third place male and female finishers in seven age brackets receive awards. Advance registration through Feb. 25 is \$25 includes race t-shirt. Day-of-race registration is \$30. Proceeds benefit the Church of the Good Shepherd youth outreach programs and the Augusta Canal National Heritage Area.

To Register: <u>www.active.com/augusta-ga/running/distance-running-races/3-bridges-5k-2015</u> USTAF Certified course: GA15004WC Check in: 7:30-8:30 a.m., Feb. 28 at 0 Milledge Road, Augusta, GA 30901 information: <u>www.facebook.com/3bridges5K</u>